

FHS Color Guard Contract

1. Goals and Purpose:

1.1 The goal of the Fruitland High School Color Guard is to provide an opportunity for students to participate in representing their school. The Color Guard is a group that teaches teamwork, performance skills, builds confidence and self-esteem. Also, Color Guard gives students a “school family.”

1.2 Teamwork and group activities require that an individual put aside their personal feelings for the good of the group. What is required of one is required for all. When each individual is willing to give up a small part of him/herself, the group benefits. Personal sacrifice and understanding the dynamics of a team will be crucial to becoming the best Color Guard possible.

1.3 **MOST IMPORTANTLY**, membership in Color Guard is a *privilege*, not a right.

2. Rehearsal and Performance Rules:

- 1) NO GUM AT PRACTICES OR PERFORMANCES!
- 2) Watch performance and rehearsal schedules. Listen for news and beware of times. Double check and ask questions if you're not clear on times.
- 3) ALL members must be dressed in appropriate clothing and shoes. This includes comfortable workout attire, **gym shoes (NO FLIP-FLOPS! All shoes must have backs)**, socks, and hair ties to pull hair out of one's face. Hats and sun visors are acceptable and encouraged during Color Guard/Band camps.
- 4) No jewelry should be worn to practices or performances. Stud earrings are acceptable.
- 5) All members should come to rehearsal. Only exceptions are made for those who are sick or have legitimate family concerns. Even then, you must make sure that you did not miss anything important and should try to schedule a make practice with the Guard Staff or Color Guard Captains.
- 6) Members should arrive to rehearsal ten minutes before rehearsal starts, with equipment ready and prepared to follow staff instruction. Arriving on time is considered late. If a member is running late to rehearsal, they must contact the Caption Head ASAP.

3. Rehearsal Dates:

3.1 Until August 16th, we will have rehearsal on Mondays, Tuesdays and Thursdays from 6:00-9:00. There are no excuses for missed rehearsals or tardiness.

3.2 After August 16th, the guard will rehearse on Monday and Thursday 6:00-9:00. This

schedule will stay the same throughout the season. In September, if the guard has all choreography learned, the time will diminish to 6:45-9 instead of 6-9.

3.3 Make sure to tell your guardian(s) the schedule for rehearsal. Be prepared to schedule a few Saturday Sectionals. These sectionals are designed to give us extra time to clean up choreography. We will only schedule Saturday rehearsals if needed or if the full ensemble has a scheduled rehearsal.

3.4 It is understood that members may be committed to more than one activity outside of Color Guard. Be prepared to hand a hard copy of your activity schedules to your Caption Head and commit to as many rehearsals as possible.

4. Camps and Spring Training

4.1 There are several “Spring Training” Camps through the remaining of the 2015-2016 scholastic year. These camps are designed for members to learn basic movement in dance, flag and the opening flag work. After learning these basics, students are able to practice over the summer break and be prepared for the advance basics at Color Guard Camp. It is crucial that EVERYONE attend these camps. They will always be on a Saturday. A sack lunch is required for all members to bring on the May 30th camp. Also bring plenty of water!

4.2 Dates of Spring Training:

- April 9th, all member Spring Training—Dance and Flag basics (Time: noon to 5:30)
- April 30th, all member Spring Training—Dance and flag basics (Time: 10-3:30)
- May 21st, all member Spring Training—Dance and Flag basics (Time: 10-4)

4.3 *IT IS EXTREMELY IMPORTANT THAT YOU ATTEND SPRING TRAINING, OTHERWISE YOU WILL BE BEHIND AT COLOR GUARD CAMP.* For the best show possible, we all must be dedicated.

4.4 July 19th-23rd are the dates for Color Guard Camp. Time is from 10am to 5pm. A sack lunch is required as well as plenty of water (Like 2.5 liters worth, trust me!) **ALL MEMBERS MUST ATTEND!**

4.5 July 25th to 29th is Band Camp, 8am to 5 pm. On the last day of band camp, time is from 8am to 3pm. **ALL MEMBERS** must attend Band camp. There is also an “end of band camp” BBQ and Pond Swimming party! All members are encouraged to attend.

5. Behavior Policies

5.1 All members need to remember who they represent. When they are out for performances, not only do they represent themselves, but they are a part of a large team: **The Fruitland Marching Band and Color Guard**. Members need to remember that they are considered exemplary students. This should show in their in-class behavior, their out-of-class behavior, their grades, and their attitude. Students must be passing all classes to be eligible to perform.

5.2 Students are not allowed to disrupt the flow of rehearsal or use vulgar language.

5.3 Discriminating remarks of any type will not be tolerated. Each member should feel accepted and not feel like an “outcast” by other members. No member may be negative, rude, brash or hateful towards other members. We all must work together with a positive attitude and treat each other with respect.

5.4 When it comes to illegal substances, students must abide by the policies spelled out in the Fruitland High School Student Handbook. If students arrive to practice under the influence of any substance, they will be sent home and their spot on the team lost.

5.5 Probation may be a consequence if members violate team rules. Probation is the state in which a guard member has the possibility of losing their spot on the team. Once placed into probation, the student must prove themselves to be committed to the team. Academic Probation is for the students who are not passing all their classes, and will be taken off Academic Probation once this improves.

5.6 Members who quit during the fall season will not be allowed to rejoin guard, unless there is adviser approval.

5.7 Students must COMMUNICATE with the Color Guard Staff. If there is a problem with the show (choreography wise) or within the team, it's the student's responsibility to directly talk to the coach(es). Every effort to resolve an issue will be made.

5.8 Students must enter this sport understanding that the staff is here to help them achieve things that they can't imagine at a high level. There may be some discomfort when being pushed by staff toward excellence. The pushing comes from a desire to achieve the highest level of performance. Students need to remain coachable at all times.

5.9 Use best judgment when participating in outside activities to ensure no injuries in which will affect the team.

5.10 STUDENTS **MUST MAKE GUARD A PRIORITY**. EVERY MEMBER **MUST PRACTICE AT HOME** TO ENSURE THE BEST QUALITY FOR OUR COMPETITIONS AND PERFORMANCES!

5.11 If a student misses an immense amount of unexcused rehearsals, they will be placed under probation. If attendance improves, the student will be taken off probation.

6. Color Guard Captain(s):

Being chosen as a Color Guard Captain is an important privilege. It is a leadership role that requires self-discipline, dedication, hard work and team ethics. Color Guard Captain(s) have a responsibility to do all of the following:

- ⑩ Lead Stretches
- ⑩ run practice if the coach is not in attendance
- ⑩ help in identifying problem areas or concerns within the show/work
- ⑩ encourage all team members
- ⑩ BE A POSITIVE EXAMPLE!

Qualification for captaincy:

- One full season of Fall Guard
- Understanding the dynamics of a team
- Must present a speech before entire guard

7. Equipment and Maintenance: the maintenance and care of the Color Guard equipment is incredibly important. Equipment must be stored and cared for correctly. These are the guide lines to how to treat your equipment:

There is a \$10 equipment fee.

- ⑩ Any equipment is property of FHS Color Guard. Any equipment not returned after use or “borrowed” without permission will be considered theft and will be handled in that manner.
- ⑩ No equipment/uniforms will be released as a souvenir.
- ⑩ No person other than Color Guard personnel is to touch the equipment. **Note:** no band member should mess with a guard equipment and vise-versa.
- ⑩ Each day you are expected to inspect your flag (make sure the taps are on right, weights are in place.) Also, you will be expected to store your equipment away properly.
- ⑩ UNDERSTAND THAT MAKING SURE YOUR EQUIPMENT IS UP TO CODE IS YOUR RESPONSIBILITY.

8. Fees

8.1 Along with the \$10 equipment fee; all marching band students must pay a \$100 membership fee.

8.2 Each year, the Grizzly Marching Band and Color Guard takes an exciting trip in the fall. Students are responsible for fundraising/paying for the \$550 fee. There are multiple opportunities throughout the year to help pay for this trip fee. We want all students to be able to attend the trip.

8.3 Parents are encouraged to participate in the band booster's organization. Meetings are the second Tuesday of each month September - May.

FHS Color Guard Contract

I understand and agree to abide by the responsibilities explained in the FHS Color Guard Contract. I understand the time commitment necessary to ensure the quality of the FHS Color Guard. I also accept the terms of attendance and participation. I have carefully read through each section and will uphold the expectations shown in this contract.

Parent Name (print)

Parent Signature

Date

Student Name (print)

Student Signature

Date

Activity Permission Slip

Dear Parent or Guardian,

Your child has been selected to participate as a member of the 2016 Fruitland High School Color Guard. Your child will be traveling with the band to competitions and will have the opportunity to participate in the annual band trip. The estimate cost is approximately \$550. There are several fundraisers planned throughout the year that members may participate in. These are here for you to take advantages of in order to help cover costs. Any money not raised to cover your child's expenses will be your responsibility.

Please sign below and return this permission slip, along with the medical release form, with your child if you would like to grant permission for him or her to participate. Your child will not be allowed to participate without the following appropriate paper work. Thank you for your cooperation and we are excited to have your student on the team for this coming season.

Yes, my child, _____, may participate as a member of the Fruitland High School Color Guard for the 2016 competitive season. I have also review and completed the medical release information.

Parent/Guardian Signature _____

Date _____

**Fruitland High School
Medical Release Form**

Grade 2015-16		Student's full name	
Student's Home Phone		Cell	
Mailing Address		P.O. Box/apt #	
City/Zip			
Parent/Guardian name			
Emergency Phone			
Alternate Name			
Alternate Phone			

Please sign and return this slip by:

Friday, April 9th, 2016; 12:00 pm

I give permission for my child _____
to be involved in Color Guard for the 2016 competitive season.

I understand that there is always a risk a physical injury, no matter how careful the participants may be. I understand these risks and will not hold the advisors, Fruitland School District, or any of its personnel responsible in the case of an accident or injury at any time. In case of an emergency, I give permission for my child to receive medical treatment.

Parent/Guardian signature _____

Date _____